National Museum - New Delhi and National Museum Institute request the pleasure of your company at the Opening of the Exhibition

Yoga in Indian Art

by
Shri Padma Lochan Sahu
Director General, National Museum, Ministry of Culture, Government of India

on
Tuesday, 21 June, 2016 at 11.30 am
Special Exhibition Gallery, First Floor
National Museum, Janpath, New Delhi-110011

Day Events at Ajanta Hall, First Floor

9:30 - 9:45am - Introduction to Yoga
9:45 - 11:00am - Yoga session (based on Ministry of AYUSH’s protocol)
2:30 - 3:30pm - Demonstration of Basic Yoga Asanas
3:30 - 4:00pm - Laughter Yoga

All are invited to participate.